

## Millfields Extended Day Clubs for Early Years – (Nursery & Rec)

So what exactly will Millfields clubs be offering? Here's a description of what to expect...

### **Play Club**

Explore free-play in a vibrant and child friendly setting. Playing helps children to develop skills, stretch their creative potential and their imagination. Each day has a different theme. This club is available to all students and will be the provision if your child cannot attend their clubs of choice.

### **Art Club**

Our Art club is creative and colourful! - Children will gain fundamental skills in drawing, painting and crafting and each week they will work on their own personal art works, which will contribute to give them a great sense of accomplishment and pride.

Equipment: Aprons or old T Shirt

### **Football Tots**

Child-friendly sport at their own individual pace and by gradually gaining strength and coordination. An effective way of working out hard without feeling so!

Equipment: Clothing can be a P.E. kit

### **Spanish**

Fun and interactive class! Children learn how to read, write, listen and speak in Spanish.

### **Yoga & Mindfulness**

It's never too early to start Yoga! This club will introduce the children to Yoga, movement and mindfulness techniques in a fun, relaxed and creative way.

Each class will use a mix of music, song, story, crafts and creative movement to get the children using their bodies, minds and breath.

Equipment: Clothing can be a P.E. kit or anything that's comfortable really, and bare feet!