# Millfields Extended Day Clubs

# for Upper Key Stage 2 - (Year 5 & 6)

# So what exactly will Millfields clubs be offering? Here's a description of what to expect...

#### Play Club

Explore free-play in a vibrant and child friendly setting. Playing helps children to develop skills, stretch their creative potential and their imagination. Each day has a different theme. This club is available to all students and will be the provision if your child cannot attend their clubs of choice.

#### Animation/Photography

In this club, we teach students how to create truly unique animations. Children develop skills in animation through Flipbooks, Drawing, Lego, and our beloved, Stikbots!

Students will have access to state-of-the-art cameras for shooting their animations & a simple but extremely creative editing suite where kids will be able to add voiceovers, music, titles, text, sound effects, adjust speed, green screens and so much more! Learning and expressing yourself through animation is a highly inventive and rewarding way to practice your visual communication skills.

All equipment is provided and parents can see all their child's animations each week after class via a secure google drive.

At the end of the course, the teacher and parents are invited to share in the fun, with our celebration class where we all eat popcorn and watch a short movie of the best of the work created in the term.

# Archery Club

We have come up with a safe way to discover your Archery skills recreationally. By designing inclusive and challenging courses for you to hit the TARGET! with our suction cup arrows. We believe this is great opportunity for children to broaden their experiences' and try new sports.

Equipment: PE kit and trainers (or any comfy clothes)

# Art Club

Our Art club is creative and colourful! - Children will gain fundamental skills in drawing, painting and crafting and each week they will work on their own personal art works, which will contribute to give them a great sense of accomplishment and pride. Equipment: Aprons or old T Shirt

#### Cookery Club (off site at Hackney School of Food - Mandeville School)

Please Note: No Cookery Club on 22nd September due to prior booking - please let us know if you will require play club this day.

Cookery Club will cover a range of kitchen techniques including introductory knife skills and bread baking. Members of Millfields staff will walk to Mandeville School gym with the children. Please collect your child directly from Mandeville School at the end of the session unless your child is attending session 2 club at Millfields.

Equipment: Any comfortable clothes. Notebook and pen. Aprons will be provided

#### Chess Club

Chess is a universal game, knowing no boundaries of age, gender, faith, ethnicity or disability, which promotes key intellectual skills such as problem solving, logical thinking, pattern recognition and concentration. It also promotes decision-making skills, development of critical and creative thinking skills, communication and interpersonal skills. Chess teaches all of the above through play.

#### Cricket Club

Cricket appeals to children with a competitive edge and a will to learn. Playing cricket is the perfect way to make friends and learn new skills where the emphasis is on participation and enjoyment. This activity will improve your child's hand-eye coordination for throwing, bowling and catching the ball, stamina needed for sprinting between stumps and your child's teamwork skills by improving strategic planning and communication.

Equipment: Clothing can be a P.E. kit

# Cycling Club

These sessions are suitable for children of all fitness abilities. The children will be taught road safety and focusing on fitness, co-ordination and team work! This helps kids stay fit and healthy by improving cardiovascular health, strength and flexibility. Equipment: PE kit and trainers (or any comfy clothes) and helmet.

# Debating Club

A safe space to explore their imagination. This club helps to stimulates confidence; to develop critical and creative thinking, empathy, resilience, leadership, teamwork, core confidence and above all enjoy and have fun! This club aims to create confidence in children giving their opinion and respectfully disagree with the opinion of others! Equipment: Any comfortable clothes. Notebook and pen.

#### Film Club

Fun, creative and exciting developing teamwork and working as an individual. Learn to make your own film! Watch great new films. We will be watching specially selected short films and doing creative activities related to them. The children will be learning techniques of filmmaking and showcase their own film at the end of term.

# Football Club (Boys and Girls)

Football is a fast-paced team sport. Football involves a lot of movement – even for the goalkeeper! This helps kids stay fit and healthy by improving cardiovascular health, coordination, strength and flexibility. It's also about teaching how to lose gracefully!

# Glee Club

Glee-based Singing is a fun class where - through rhythm, games, easy dances and songs from the Glee repertoire, children will learn how to use their voice, sing and interpret a new role.

Each week they will explore different Glee songs and develop new singing and staging techniques, while having a lot of fun with their team!

Things to have for the sessions: water to keep hydrated during the class, notepad to note down the lyrics of the songs

# Gymnastics

Gymnastics, be it artistic or rhythmic, is a discipline that works the fundamental physical skills that a child needs for an active and healthy lifestyle, including speed, strength, flexibility, coordination, balance, core stability Equipment: wearing a leotard or PE kit and non-slip socks.

#### Kickboxing (off site at Bloodline Gym)

These sessions are suitable for all children and all fitness abilities. The children will be taught the Martial Art of Muay Thai by focusing on active skills, games, fitness, coordination and teamwork. Members of Millfields staff will walk to and from the gym with the children. You can collect your child directly from the gym at the end of the session, or from school, just let us know.

#### Mandarin Club

Fun and interactive class! Children learn how to read, write, listen and speak in Mandarin.

# Multi Sports

Child-friendly sport at their own individual pace and by gradually gaining strength and coordination. An effective way of working out hard without feeling so! Equipment: Clothing can be a P.E. kit

#### Music Theory

This is a fun and dynamic class where - through rhythm - pupils will learn how to express themselves by working with their imagination and creativity whilst having a lot of fun!

# Needlework

Children will learn to crochet, knit and sew in a child friendly club.

# Sign Language (BSL)

Children learning British Sign Language (BSL) will not only benefit themselves but also any deaf students who may be at, or may later attend the school or friends/neighbours outside of school, making a real positive move towards inclusion for all. Equipment: Any comfortable clothes. Notebook and pen.

# Street Dance Club

Children will learn steps and techniques and then put them together in routines, furthering their learning each week. The routines can be based on sheer street dance steps or can also be based on a topic or theme (friendship, the 9Ds, signs of the zodiac, dances from the world, etc.). It also involves dance games, freestyles and improvisation/creation of their own movements. Equipment: PE kit and trainers (or any comfy clothes)

# Spanish

Fun and interactive class! Children learn how to read, write, listen and speak in Spanish.

# STEAMLabs

STEAMLabs mix and match science, technology, engineering, the arts and maths to provide children with fun, creative, hands-on cross-curricular activities. We code robots to paint and dance, turn colour into sound, drop eggs, blast off rockets, design bridges, chain reactions etc. and much, much more!

Equipment: Any comfortable clothes. Notebook and pen.

# Turkish Club

Fun and interactive class! Children learn how to read, write, listen and speak in Turkish.

# Yoga & Mindfulness

It's never too early to start Yoga! This club will introduce the children to Yoga, movement and mindfulness techniques in a fun, relaxed and creative way.

Each class will use a mix of music, song, story, crafts and creative movement to get the children using their bodies, minds and breath.

Equipment: Clothing can be a P.E. kit or anything that's comfortable really, and bare feet!