

Our sessions run term time only

We are closed 14th September

Monday

Tuesday

Wednesday

Thursday

Friday

1.30pm—2.30pm

**Baby and Me with Baby
Massage**

Age: 6 Weeks to
pre-crawling,

10.00am—11.30am

Stay and Play

Age: 0-5 years
Drop in session

10.00am—11.30am

Music & Movement

Age: 0-5 years term
time only
Drop in session

10.00am—11.30am

Stay & Play

Age: 0-5 years
Drop in session

10.00am—11.30am

Music & Movement

Age: 0-5 years
term time only
Drop in session

On 18th September we will
have Mini Movers instead
of the usual Baby and Me
session. 1.30—2.30 pm

1.15—3 pm

Use the Room

Relax with your child in our
lovely room
Age: 0-5 years

1.30pm-2.30pm

Baby Sign

Best for 3 months to 12 months
Drop in.
Numbers limited to 12 babies.

No session 14th September

**All sessions are free
of charge**

On 2nd October we will
have a Starting Solids
workshop 1.00pm—3pm
instead of the usual Baby
and Me session.

Please book in advance

To book for Starting Solids

Please e-mail
ccinfo@millfields.hackney.sch.uk

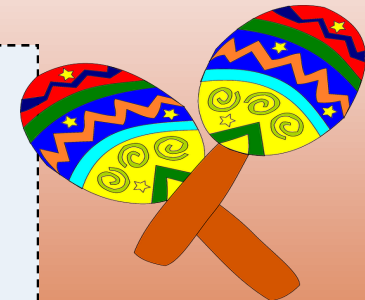
Please give us your name, child's name and
DOB, your postcode.

How to CONTACT US:

020 8525 6410

Elmcroft Street, E5 0SQ

ccinfo@millfields.hackney.sch.uk



Monday

Baby & Me with Baby

Massage Talk about reading books, creating routines and baby's language learning. Learn a simple baby massage routine. Learn new songs and make friends. For babies from 6 weeks to pre-crawling. Bring a towel for your baby.

No need to book

Pre-crawling babies only

Tuesday and Thursday

Stay and Play

Area for babies to roll and crawl and other activities for toddlers up to age 5.

Free play with circle time at the end

All Stay and Play sessions are drop in

There will be a limit of 18 children per session.

Tuesday Afternoon

1.15—3 pm

Use the Room

Looking for somewhere nice to relax in and play with your child? We are making the room available for families to use independently on Tuesday afternoons. Ring the bell and we'll let you in!

Wednesday

Baby Sign Learn simple signs to communicate with your baby, develop language and reduce frustration. Have fun using signs with songs.

No need to book

Wednesday and Friday

Music and Movement A singing and dancing Stay and Play session. We do lots of fun songs with actions and use props such as rhythm sticks and scarves. We listen and play along to a variety of music from around the world.

Drop in session

There will be a limit of 18 children per session



Elmcroft Street

London

E5 0SQ

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Mini Movers

On 18th September the baby physiotherapist will join us in the Baby and Me session to talk about Tummy Time and give tips on helping your baby with their physical development.

Starting Solids

On 2nd Oct learn about introducing solid foods to your baby and creating lifelong healthy eating habits.

The session will run 1:00—3 pm instead of Baby and Me

We are closed 14th September



The best way to contact us is via e-mail.