PSHCE - Roadmap

Millfields Community School and Children's Centre

Y5

Autumn:
Class Charter
Law & order
Listening & responding
Puberty
Healthy relationships

Spring:
Drugs and alcohol
Online safety
Bereavement
Dealing with conflcit

Summer:
Food choices
Shared Goals
Basic First Aid
Community Spirit

Y6

Autumn:
Class Charter
Mental wellbeing
Care & connections
Puberty & Reproduction
Forming Relationships

Spring:
Drugs education
Gender issues
Race and anti racist views
Celebrate cultures

Summer:
Our strengths & futures
Managing money
Transition to secondary

Y4

Summer:
Balanced Diets
Food hygiene
Self respect
Setting goals

Spring:
Managing money
Gender Stereotypes
Growing and changing:
Puberty
Celebrating diversity

Autumn:
Class Charter
Well being
Resilience
E Safety
Loss & separation
Family Changes

Y3

Summer:
Healthy lifestyle choices
Working together—Sharing goals
Drugs Ed—Smoking

Spring:
Our Bodies—Before puberty
Listening
Sleep & Dreams
Calling emergency services

Autumn:
Class Charter
Emotional & physical well being
Friendship
Separation/Loss
E Safety

Y2

Spring:
Hygiene
Dental hygiene
Drugs & Medicine
Changing and Growing
Boys & Girls
Exercise and health

Summer:
Managing emotions
Local citizenship
Making choices
Money management

Autumn:
Class Charter
Friendships
Belonging
Aspirations
Cooperation

Y1

Spring:
Healthy eating
Hygiene
Bullying
Emotional well being

Autumn:
Rules and expectations-Charters
Friendships
Understanding our Emotions

Summer:
Being Kind & Sharing
Our family & Relationships
Money—keep it safe