

[WEEKLY MENU]



Week 1

Week Commencing: Mon 1st Jan - Mon 29th Jan - Mon 4th Mar



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|--|--|--|--|--|
| Main Dish of the Day | Vegetable Curry (G*) | Shepherds Pie (CE, MK) | Roasted Vegetable Lasagne (E*, G, MK) | Chinese Chicken Noodles (CE, E, G, MU*, SO) | Fish Fingers & Chips (F, G) |
| Vegetarian Dish of the Day | Vegan Lentil Dhal (CE, G*) | Vegetable Shepherdess Pie (CE, MK) | Vegetable Nut Free Pesto Pasta Bake (G, MK) | Chinese Vegetable Stir Fry Noodles (CE, E, G, MU*, SO) | Vegetarian Sausage & Chips (CE, G) |
| Vegetable Choice | Rice with Seasonal Vegetables | Seasonal Vegetables | Garlic Bread (G, MK) & Coleslaw (E, MU) | Stir Fried Greens | Beans or Peas |
| Dessert of the Day | Banana Sponge with Vanilla Sauce (E, G, MK) | Forest Fruit Traybake (E, G, MK*) | Lime Jelly | Chocolate & Pear Cake with Caramel (E, G, MK) | Ice Cream (MK) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| Cold Selection | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit |

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

Millfields School

