



# 26th February—28th March



Our sessions run term time only

The Children's Centre is closed from 12th Feb— 23rd Feb

## Monday

**1.30pm—2.30pm**

**Baby and Me with  
Baby Massage**

Age: 6 Weeks to  
pre-crawling. Drop in

## Tuesday

**10.00am—11.30am**

**Stay and Play**

Age: 0-5 years  
Drop in session

## Wednesday

**10.00am—11.30am**

**Music & Movement**

Age: 0-5 years  
Drop in session

## Thursday

**10.00am—11.30am**

**Stay & Play**

Age: 0-5 years  
Drop in session

## Friday

**10.00am—11.30am**

**Music & Movement**

Age: 0-5 years  
Drop in session

On 11th March we will have a  
Starting Solids workshop  
1.00pm—3pm instead of the  
usual Baby and Me session.  
Please book in advance

On March 18th we will have  
Mini Movers instead of the  
usual Baby and Me session.  
Drop in

**1.15—3 pm**

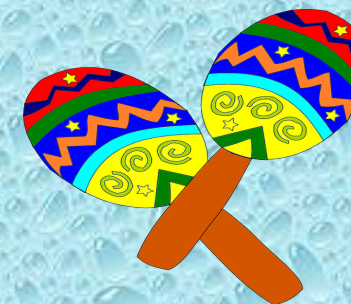
**Use the Room**

Relax with your child in our  
lovely room  
Age: 0-5 years  
Drop in

**1.30pm-2.30pm**

**Baby Sign**

Best for 3 months to 12 months  
Drop in.



**To book or for more information**

**Please e-mail [ccinfo@millfields.hackney.sch.uk](mailto:ccinfo@millfields.hackney.sch.uk)**

**Sessions are free but you must be a Hackney resident.**

**How to CONTACT US:**



020 8525 6410

Elmcroft Street, E5 0SQ

[ccinfo@millfields.hackney.sch.uk](mailto:ccinfo@millfields.hackney.sch.uk)

**Working for every child**

**Please see next page for more information**



## Monday

### **Baby & Me with Baby**

**Massage** Talk about reading books, creating routines and baby's language learning. Learn a baby massage routine. Learn new songs and make friends. For babies from 6 weeks to pre-crawling. **No session 11th March—please see below**

### **Starting Solids**

**On 11th March learn about introducing solid foods to your baby and creating lifelong healthy eating habits.**

**The session will run 1pm—3 pm instead of Baby and Me**

**Please Book in advance for this session**

### **Mini Movers**

**On 18th March the baby physiotherapist will join us in the Baby and Me session to talk about Tummy Time and give tips on helping your baby with their physical development.**

## Tuesday and Thursday

### **Stay and Play**

Area for babies to roll and crawl and other activities for toddlers up to age 5.

Free play with circle time at the end

**Drop in—no need to book**

## Tuesday Afternoon

**1.15—3pm**

### **Use the Room**

Looking for somewhere nice to relax in and play with your child? We are making the room available for families to use independently on Tuesday afternoons. Ring the bell and we'll let you in!

Age 0—5

## Wednesday

**Baby Sign** Learn simple signs to communicate with your baby, develop language and reduce frustration. Have fun using signs with songs.

**Drop in—no need to book**



**Elmcroft Street**

**London**

**E5 0SQ**

**020 8525 6410**

**ccinfo@millfields.hackney.sch.uk**

## Wednesday and Friday

**Music and Movement** A singing and dancing Stay and Play session. We do lots of fun songs with actions and use props such as rhythm sticks and scarves. We listen and play along to a variety of music from around the world.

**Drop in—no need to book**

**The best way to contact us is via e-mail. If you wish to speak with us please give us your phone number**