



Spring 1 2025



Our sessions run term time only

9th January—14th February 2025

Monday

1.30pm—3pm
4 week Baby Massage Course starting 13th January
Age: 6 Weeks to pre-crawling. Please book in advance.

10 February
Mini Movers - get tips on baby's physical development from a physiotherapist
2pm—3pm
Drop in
On this date only

Tuesday

10.00am—11.30am
Stay and Play
Age: 0-5 years
Drop in session

1.15—3 pm
Use the Room
Relax with your child in our lovely room
Age: 0-5 years

Wednesday

10.00am—11.30am
Stay and Play
Age: 0-5 years
Drop in session

1.30pm-2.30pm
Baby Sign
Best for 3 months to 12 months
Drop in session

Thursday

10.00am—11.30am
Stay & Play
Age: 0-5 years
Drop in session

10 am—10.45 am
Baby Bells—for pre-crawling babies
Drop in session

Friday

10.00am—11.30am
Music & Movement
Age: 0-5 years
Drop in session

To book
Please e-mail ccinfo@millfields.hackney.sch.uk
Please give us your name, child's name and DOB, your postcode.

How to CONTACT US: 
020 8525 6410
Elmcroft Street, E5 0SQ
ccinfo@millfields.hackney.sch.uk

23 January we will have a First Aid course for parents and infants under 1 year old
1 pm—3pm
Please book in advance

Please see next page for more information

4 week Baby Massage course starting January 13th

Learn how to feel closer to your baby through nurturing touch and massage

Please book in advance for this course

Stay and Play

Area for babies to roll and crawl and other activities for toddlers up to age 5.

Free play with circle time at the end

Drop in—no need to book

Baby Bells—for pre-crawling babies

Immersive sensory music classes for babies

Drop in—no need to book

Music and Movement

A singing and dancing Stay and Play session. We do lots of fun songs with actions and use props such as rhythm sticks and scarves. We listen and play along to a variety of music from around the world.

Drop in—no need to book

1.15—3pm

Use the Room

Looking for somewhere nice to relax in and play with your child? We are making the room available for families to use independently on Tuesday afternoons. Ring the bell and we'll let you in!

Age 0—5

Drop in—no need to book

Baby Sign Learn simple signs to communicate with your baby, develop language and reduce frustration. Have fun using signs with songs.

Drop in—no need to book

Mini Movers

On 10th February the baby physiotherapist will run a session to talk about tummy time and give tips on helping your baby with their physical development.

Drop in—no need to book



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London

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The best way to contact us is via e-mail. If you wish to speak with us please give us your phone number and we will call