

## Stay & Play Activity Timetable 22 April - 18 July Term Time Only (No sessions 30 April)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Baby Massage</b> <b>1.30 pm–2.30 pm</b> 0 - pre-crawling  28 April, 12 May, 2 June, 16 June, 23 June, 30 June, 7 July  Drop - in	<b>Stay and Play</b> <b>10 am– 11:30am</b> 0 - 5 years  Drop-in	<b>Stay and Play</b> <b>10am–11.30am</b> 0 - 5 years  No Session on 30 April  Drop-in	<b>Stay and Play</b> <b>10am–11.30am</b> 0 - 5 years  No session on 10 July as we will do a trip  Drop-in	<b>Music and Movement</b> <b>10am–11.30am</b> 0 - 5 years  Drop-in
<b>Starting Solids Workshop</b> <b>1pm–3pm</b> 19 May and 14 July  Please book in advance	<b>Use the Room</b> <b>1.15pm–3pm</b> 0 - 5 years  Drop-in	<b>Sing and Sign with Corin</b> <b>1pm– 1.45pm</b> 0 - 5 years  No Session on 30 April  Drop-in		
<b>Mini Movers</b> <b>2pm–3pm</b> 9 June  Drop-in				

# Millfields Children's centre

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## Millfields Children's Centre

Elmcroft Street, London, E5 0SQ

[ccinfo@millfields.sch.uk](mailto:ccinfo@millfields.sch.uk)

## Term Time Only

No sessions on 30 April

No sessions from 26 - 30 May (Half term break)

No session on 10 July (Trip to take place instead. More details to follow)

## Baby Massage

Learn how to feel closer to your baby through a nurturing touch. Drop in. No need to book.

## Starting Solids

Workshops on **19 May** and **14 July**.

Learn about introducing solid foods to your baby and create lifelong healthy eating habits.

Please book in advance. Email  
[ccinfo@millfields.hackney.sch.uk](mailto:ccinfo@millfields.hackney.sch.uk)

## Mini Movers

Get tips on your baby's physical development from a physiotherapist.

## Use the Room

Looking for somewhere nice to relax in and play with your child?

We are making the room available for families to use independently on Tuesday afternoons. Ring the bell and we'll let you in!

## First Aid

**19 June** First Aid Workshop for parents and infants under 1 year old

1 pm—3pm

Please book in advance