

Millfields Mag

FRIDAY 11TH SEPTEMBER 2020

VIERNES 11 DE SEPTIEMBRE DE 2020

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WELCOME BACK TO SCHOOL!

We have made it to the end of the first full week with the 'new normal' rules and rou-

ties! After the first few days, we are now getting used to the new start times, new entrances and the rules of frequent hand-washing and/or sanitising, social distancing, lunches in halls one week and classes the next, using different designated toilets, using different parts of the playgrounds and designated equipment, as well as only working with the same staff that are allocated to the age-phase bubble everyday instead of all the staff and pupils, and getting used to wearing PE clothes to school on some days! It has been a lot for us all to get used to, but thanks to the amazingly flexible, cooperative and brilliant children and staff, we are getting the hang of it! It seems to be working as well as can be expected!

From day one, there were lots of plans and arrangements in place, and as I knew would be the case, as soon as they came into action, there were going to be a few teething problems, adaptation and changes to be made. We have all become much more adaptable, more resilient, turned into problem-solvers and are all working as part of the bigger whole school team.

The children, including the new Nursery and Reception children have all settled well into their new classes. I have been amazed at how happy and confident the majority of the new children to the school have been, and want to warmly welcome you all to the Millfields community.

You should have received via email, the year group overview that outlines the curriculum expectations and topics for this term, as well as other useful and important information for your child's class. The main form of communication will be via email until further notice, so if you need to contact them, please look on the school website for your child's class teacher's email address. Each class will be inviting you to a virtual 'Welcome' meeting in the next 2 weeks, so look out for the announcement and the Zoom link to enable you to join the meeting to hear about your child's planned year ahead, and for you to ask any questions.

Thank you to all the parents and carers for all your support so far with the new arrangements, and for trying your best to either make sure you are wearing mask at drop-off and pick-up, and ensuring that you are keeping a safe 1 metre plus distance from other parents and carers on the pavements and roads around the school. Luckily, we have very few cars travelling down the roads around school so we can make good use of the space to keep socially distanced, but please can I remind you that it is still a road in use! Also, can I ask you to move on as soon as you have dropped off or picked up your child, especially at the Nursery and Y3 gate, as we have had a few neighbours making complaints that it looks very crowded, and that they don't feel safe.

Today, a few of our classes took a local walk to Chatsworth Road to watch an artist in action as part of the London Mural Festival. The children really enjoyed seeing Django's dad at work, and loved the design. I am sure that he would love it if you could visit it too this weekend. The mural is situated at the bottom of Millfields Road, at 180 Chatsworth Road - hope you will be able to walk by this weekend and see the finished work.

Thankfully, the sun has shone for us this week, and it looks like it is set to continue this weekend. Please enjoy the outdoors, and remember to keep your distance when you are out and about. Take care, stay well and keep safe everyone.

Best Wishes, Jane

Important Dates

**Harvest Festival Collection
for Food Bank**

21st –25th September

Outdoor Day

Friday 25th September

Maths Week

Week beg: 28th September

Black History Month

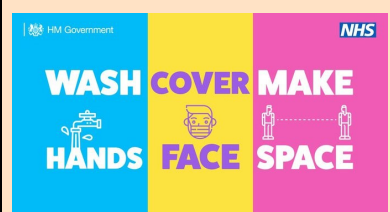
1st October launch

World Mental Health Day

Saturday 10th October

Label! Label! Label!

One of the headaches of school life is losing possessions - and items will inevitably go astray. Please can you ensure that your child's clothing, shoes, stationary and water bottles are clearly marked to make sure that nothing gets lost as everyone's items may look identical. Due to the current situation, we cannot let parents come into school to search for belongings, so items can only be returned if they are clearly marked. Thank you for your attention to this!





Happy Birthday to the children and staff who celebrated their birthdays from the beginning of term and this week:

- 1st September ~ Ryland M
- 2nd September ~ Jennay C
- 3rd September ~ Isabelle D
- 4th September ~ Sonny G & Wassim M
- 5th September ~ Jaynaih N
- 6th September ~ Clara T
- 7th September ~ Temi E & Sardier K
- 8th September ~ Joey I, Casey R & Farah A
- 9th September ~ Joseph L & Minnie M
- 10th September ~ Kay R, Sharon W & Fatima P

Many Happy Returns to you ALL!



LANGUAGE OF THE MONTH

September	Urdu
Word to Learn: Hello	ہیلو Hello!

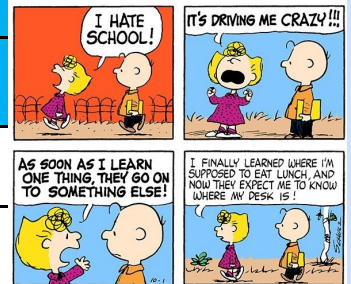
Year 6 Parents

Secondary Transfer Parent Briefings

The school admissions team is hosting online information sessions about secondary transfer. Parents can watch the briefings live using a smartphone, tablet, laptop or desktop computer with internet access. The briefings will take about 1 hour and are repeated on different days and at different times. The first briefing is next week on Wednesday 16 September. Visit education.hackney.gov.uk/secondarybriefings for more information

If you have any questions, problems or need any further support or advice, please contact Sheyenne Watson -Assistant Head, and Y6 Lead, Chris Belgrave or Jane B via email in the first instance.

VIRTUAL SHARING ASSEMBLIES - AUTUMN TERM 2020				
Date (Week Beginning)	EY and KS1		LKS2 and UKS2	
28/09/2020		Riley (Ashraf's Class)		Hawking (Mehmet's Class)
05/10/2020			Macintosh (Jess' Class)	
12/10/2020		Hepworth (Kimberlie's Class)		Anning (Judyann's Class)
19/10/2020			Jones (Naomi's Class)	
HALF TERM				
02/11/2020		Brown (Rosie H's Class)		Curie (Clara's Class)
09/11/2020	Hutchins (Rana's Class)		Berners-Lee (Fiona's Class)	
16/11/2020		Whitread (Angela's Class)		Turing (Emily's Class)
23/11/2020	Cooke (Cheniece's Class)		Dunlop (Rosie M & Roz's Class)	
30/11/2020		Lowry (Kamilah's Class)		Faraday (Sumon's Class)
07/12/2020	Virtual Year 2 Nativity Plays			
14/12/2020	KS1, LKS2 & UKS2 Winter Concerts			



Direct Debit Donations Programme

If you would like to support the school with a monthly donation to the PSA, you can find out more about the 3 special funds and make your donation here:

RENEW: <https://cafdonate.cafonline.org/8204>

ENRICH: <https://cafdonate.cafonline.org/8205>

INSPIRE: <https://cafdonate.cafonline.org/8206>

Chatsworth Road Mural



Turing Class had an amazing time thinking about where we are and painting the landscape...

Amazing Home Working!



Turing Class





ACTION CALENDAR: SELF-CARE SEPTEMBER 2020



MONDAY



7 Remember it's ok not to be ok. We all have difficult days

14 Talk kindly to yourself like you would to someone you love

21 Remind yourself that you are loved and worthy of love

28 Accept your mistakes as a way of helping you make progress

TUESDAY

1 Remember that self-care is not selfish. It's essential

8 Notice the things you do well today, however small

15 Find a caring, calming phrase to say to yourself when feeling low

22 Look at photos from a time with happy memories

29 Write down three things you appreciate about yourself today

WEDNESDAY

2 Be willing to share how you feel and ask for help when needed

9 Avoid saying 'I ought to' or 'I should' to yourself

16 Notice what you are feeling today, without any judgment

23 Let go of other people's expectations of you today

30 You matter. Remember that you are enough, just as you are

THURSDAY

3 Free up time in your diary by cancelling any unnecessary plans

10 Give yourself permission to say No to requests from others

17 Leave positive messages for yourself to see regularly

24 Ask a trusted friend to tell you what they like about you

FRIDAY

4 Forgive yourself when things go wrong. We all make mistakes

11 Aim to be good enough, rather than perfect

18 Don't compare how you feel inside to how others appear outside

25 Release yourself from inner demands and self-criticism

SATURDAY

5 Plan a fun or relaxing activity this weekend and make time for it

12 Let go of being busy. Allow yourself to take some breaks today

19 Get active outside and give your mind & body a natural boost

26 Find a new way to use one of your strengths or talents today

SUNDAY

6 Focus on the basics: eat well, exercise and go to bed on time

13 Make time today to do something you really enjoy

20 No plans day - make time to slow down and be kind to yourself

27 Take your time. Make space to just breathe and be still



Self-care is not selfish. You can't pour from an empty cup



ACTION FOR HAPPINESS



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/self-care-september

Keep Calm · Stay Wise · Be Kind

CALLING ALL CYCLISTS...



Are you Pumped Up for the World's Biggest Bike Ride?

The World's Biggest Bike Ride takes place this Saturday and cyclists across the UK are being encouraged to **get on their bikes and register their ride**

Since the coronavirus pandemic, hundreds of thousands more people have been riding their bikes for health, exercise and to avoid public transport. As part of Cycling UK's Pumped Up campaign, which inspires people to keep riding and showcases the benefits of getting in the saddle, they're encouraging everyone who has access to a bike to ride their way this Saturday.

It's not about how far you go or the number of journeys you make. What's important is getting out and about and enjoying yourself.

And to mark this celebration of cycling, Be Inspired has teamed up with Cycling UK to give away five of its one-year memberships.

Membership includes third-party insurance, access to free cycling-related legal advice, six issues of Cycle magazine and a whole range of retail discounts. To be in with a chance of winning, all you need to do is head to the World's Biggest Bike Ride website and log you ride via the below link. Terms and conditions are available on the website.

[CLICK HERE TO ENTER NOW!](#)

be inspired



WIN

