# Millfields Mag



FRIDAY 7TH MAY 2021 VIER NES 7 DE MAYO DE 2021

www.millfields.hackney.sch.uk E-mail: info@millfields.hackney.sch.uk

## **Eventful May for Millfields**



Firstly, I just wanted to say that all of the children looked very smart in their uniforms on Tuesday for their class photos. I am really looking forward to seeing the proofs in the next few weeks. Even though it has only been a 4-day week, there has definitely been lots and lots of learning happening as usual at Millfields! I have seen so many great pieces of writing from children in Reception all the way up to Year 6! There has been a real buzz about writing and lots of children have visited

my office to share their writing with me, and I have visited all the classrooms to read their work - I have been so impressed, well done and thank you!

There has also been lots of planting and learning about the names of the parts of plants and their functions; as well as lots of work on volcanoes in Year 3, making masks in Y5, and learning about healthy lifestyles and balanced diets in Reception. Rosen class and Lovelace class have also been working really hard on producing their class assemblies. Please look on Google Classroom to see the amazing finished product!

This week, the Millfields Prime Minister, Zuhair Essak in Y6 has written to you in the Mag, and post-Covid, he will be working on fulfilling his election promises before the next election that will be taking place during our annual Democracy Week - the week beginning 28th June. We will be reporting weekly on how the Millfields PM is working towards working through his manifesto. Look out for more details of Democracy Week after half term. Next week is Mental Health Awareness Week, so please ask your child each day about



what they have been discussing in class, and please read the 'Well-being' Newsletters - there is one for children, one for parents/carers and one for staff. They will be emailed and available on the school website.

You will see that the Millfields 'Living Wall' on Hilsea Street is doing really well, and we are hoping to extend this further down the street and maybe on to Elmcroft Street too. We had a huge boost this week as one of our brilliant parents, Bettina, applied for a grant to help us make this happen and she was successful in winning £500 towards the project. Massive thanks! Also, Vicky and the Eco-champs have been working with Eco-Active on a Green Influencers project for the next 8 weeks, and have begun to develop the roof garden. Look out for more news in the coming weeks.

Finally, the Parent Governor Election voting started yesterday, and voting will be open until the end of next Thursday 13th May. Please read the three candidate statements on the email that was sent earlier this week, and cast your vote at the Ballot Box, just inside the playground at the main gates on Hilsea Street. We will announce the winner in next week's Millfields Mag.

Have a lovely weekend. Take care, keep well and stay safe.





## **Important Dates**

Mental Health Awareness Week 10th to 14th May Half Term 31st May to 4th June Inset Day Friday 18th June Windrush Day Tuesday 22nd June Year 5 (now 6) Residential 25th—27th June Democracy Week 28th June - 2nd July

## Attendance Week beg: 26th April

Our school target: 96.5% Last week: 97.8% Winning classes: KS1 Hepworth (99.3%) KS2 Macintosh & Jones (100%) Well done!



"Just breathe" said the horse "and hold on"





Happy Birthday to the children and staff who celebrated their birthdays this week :

1st May ~ Ifeoluwa A, Ali A & Frida N 2nd May ~ Archie C, Cameron I, Archie K & Ali S 3rd May ~ Pearl B, Cosmo G, Ellie O & Parker P 4th May ~ Tessia D

Many Happy Returns to you ALL!

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**Talking With Children About Their Feelings** 



A parent workshop: Monday 10th May 1:30-2:30

We would like to invite you to our next Millfields Parent Workshop where we will be looking at the topic of 'Talking with Children about their Feelings'. Within this workshop we will be looking at how you can support your child's emotional wellbeing through conversation. This workshop will offer the opportunity to talk through a few slides about the value of conversation, a space to meet with other parents, share experiences and consider things you have found helpful.

There are 14 spaces available. If you would like to join this workshop please let Debi know by emailing <u>dcookhorn@millfields.hackney.sch.uk</u> and we will send out a meeting invite to you nearer the time!

## MESSAGE FROM THE MILLFIELDS PM

It's Zuhair here... You may remember I was elected as the Prime Minister of Millfields back in November. I'm sure you have all been hearing lots about local elections this

week so I thought this would be a good time to write to you all. Sadly, we have spent lots of time since I was elected in lockdown, so I haven't been able fulfil my promises yet. But don't worry, I'm planning to work harder than ever to accomplish as much as I can in the next 8 weeks. This week I have been looking back at my manifesto pledges. As next week is Mental Health Week, I will be working with school leaders to plan a wellbeing club. I hope to stay in contact over the next few weeks.



## Get practical tips about online safety





Google and Parent Zone are running a series of live drop-ins about the digital world.

Free and easy to watch on YouTube, these short sessions are an opportunity to get tips about online safety – and ask experts anything you want to know.

https://www.parents.parentzone.org.uk/dropins

City & Hackney

Alliance

## HALF TERMLY MHST OFFER UPDATES



#### Mindful Parenting Group drop in—Fridays at 4-5PM (Started 16th April, and running until 4th June)

This 8-week Mindful Parenting Group is for parents and carers who may be feeling stressed or worried about parenting their children. Mindfulness is an evidence-based approach to stress management. The group is designed to give you the tools to start your own mindfulness practice, while also offering guidance on how to parent your children mindfully Eventbrite link:

https://www.eventbrite.co.uk/e/mindful-parenting-group-tickets-143081417371

## Managing Child Anxiety- Parent workshop: Tuesday 18th May from 4-5pm.

Worry, uncertainty, and fears may be especially present during the current climate, given the changes in our lives, and the health concerns that people are experiencing. This workshop aims to provide information about what is anxiety and what parents, and carers can do to help their child to manage and reduce the impact of worry and fear in their lives. Eventbrite Link:

https://www.eventbrite.co.uk/e/managing-child-anxiety-parent-workshop-tickets-115476143253

### Parent support group for Managing child anxiety – Thursday 6<sup>th</sup> May-10th June from 4-5pm

This **6-week support group** aims to provide a sharing space for parents and carers to continue to build understanding of anxiety and evidence-based ideas of what parents and carers can do to help their child to manage, including challenging unhelpful thoughts, relaxation strategies and building up brave and confident behaviour. Eventbrite Link:

https://www.eventbrite.co.uk/e/parent-support-group-for-managing-child-anxiety-tickets-146731571079

Supporting your child's transition to secondary school – 2-part workshop: Thursday 10<sup>th</sup> & 17<sup>th</sup> June from 4-5pm This workshop is aimed at parents of YEAR 6 students going into secondary school. This two- part workshop will include, how to support your child with worries and fears during the school transition, COVID related worries during the school transition and problem solving and Effective responses to your child's anxiety around transitions. Eventbrite Link:

https://www.eventbrite.co.uk/e/supporting-your-childs-transition-to-secondary-school-2-part-workshop-tickets-151189609191













