

Millfields Mag

FRIDAY 29TH JANUARY 2021

VIERNES 29 DE ENERO DE 2021

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Millfields Learning at Home and at School



We are at the end of another week, and I again want to thank you all for the effort and enthusiasm with which you and the children are approaching home learning. Our aim is to make sure that all of the children are coming online regularly, not just to keep up with school work but also to have some regular time interacting with their friends and classmates. It is important that we all stay in touch with each other during this challenging time - just a quick text or email, a wave on screen or a time to talk make all the difference!

Next week is Mental Health Week and you will already have received an email with lots of information regarding websites and resources that your children, you and indeed all your family can use to support you. Social interaction is definitely good for our mental health, and so is regular exercise and time outdoors. We are going to be encouraging various PE and sports challenges and sessions over the next 2 weeks, so please encourage your child to look out for information via Google Classroom. We will also be sharing some half term activities that will take you outside too!

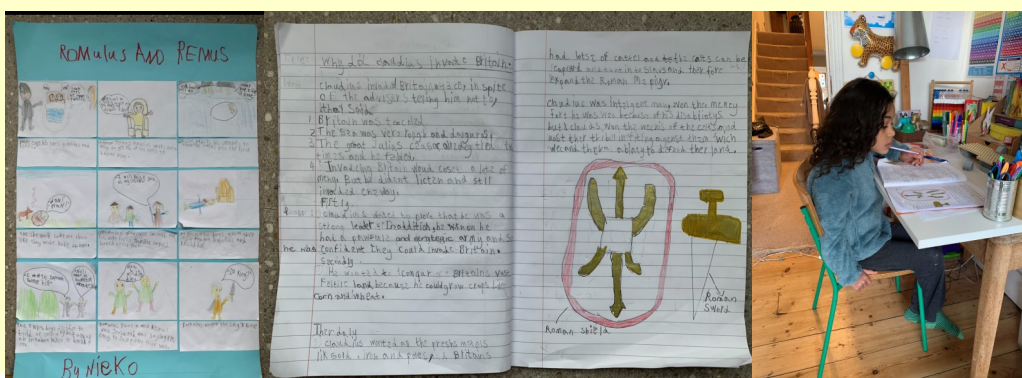
This week, behind the scenes, the staff have been busy planning for a more creative week from 8th -12th February as this is our 'Hispanic Week'! We are hoping to keep some routine with Maths and phonics/reading each day, but there will also be more creative activities and sessions for you to enjoy if you can join during the week including cooking, art and design, dressing up and PE challenges! Look out for information from the class teacher in advance about the recipes and ingredients needed for the cookery sessions! Also, get those dress-up outfits dusted down and ready!



Finally, I would like to say a belated 'Congratulations' to Clara on the birth of her beautiful baby girl last weekend! Mum and baby are doing really well, and we are all looking forward to meeting baby Neve really soon!

Have a good weekend -take care, keep well and stay safe.

Jane



Important Dates

Croissant Day

Saturday 30th January

Gorilla Suit Day

Sunday 31st January

Baked Alaska Day

Monday 1st February

World Play your Ukulele Day

Tuesday 2nd February

Golden Retriever Day

Wednesday 3rd February

Thank A Letter Carrier Day

Thursday 4th February

World Nutella Day

Friday 5th February

We-



To Learn

Here are some lovely home learning ideas you may want to use or share

<https://abcdoes.com/home-learning/>

favorite
DAY OF THE WEEK



SCALIZ

STAY HOME PROTECT THE NHS SAVE LIVES



Happy Birthday to the children and staff who celebrated their birthdays this week :

23rd January ~ Nino G
 24th January ~ Hibah M.
 25th January ~ Nisa K & Owais S
 26th January ~ Dylan B
 27th January ~ Mohammad I, Elija J, Amaan R & Bua S
 28th January ~ Miya T & Hafsa T
 29th January ~ Scarlett K, Chiamaka M, Chibuike M, Raene P & Khadija P

Many Happy Returns to you ALL!



**Live Family Cook-Along
 with Chef Tom
 Weds 3rd February-4:00pm.
 WEEK 3 – FLATBREADS
 AND ROASTED VEGETABLES**

Chef Tom teaches this recipe to kids and adults at the Hackney School of Food – it's always a winner! Flatbreads are versatile. Once mastered, you can spoon on some tinned tomatoes or passata and you have the beginnings of a homemade pizza. Alternatively, you can sprinkle on some herbs and cheese. So many options! Tom will talk you through a gluten-free version too.

The class will be live-streamed on the [Chefs In Schools YouTube Channel](https://www.youtube.com/channel/UCqWz8v8v8v8v8v8v8v8v8v8). or from the website www.hackneyschooloffood.com



Tomato Soup made by Catrin M in Faraday Class from last week's Hackney School of Food lesson.
 How yummy is this?!!



LANGUAGE OF THE MONTH

January	Gujarati
Word to Learn: Please	Krpā karī



NHS
 East London
 NHS Foundation Trust

Parent Workshop Managing Child Anxiety

Thursday 4th February, 4-5pm with Mahak & Temi:

Worry, uncertainty and fears may be especially present during the current climate, given the changes in our lives, and the health concerns that people are experiencing. This workshop aims to provide information about what is anxiety and what parents and carers can do to help their child to manage and reduce the impact of worry and fear in their lives.

Eventbrite Link:

<https://www.eventbrite.co.uk/e/managing-child-anxiety-parent-workshop-tickets-136620394277>



NHS
 East London
 NHS Foundation Trust

Parent/Carer Workshop Helping children to manage their thoughts, feelings and behaviour

Hackney Mental Health Support Team (MHST) are offering one-off workshops for parents and carers of City & Hackney primary school children.

This one off workshop will teach you evidence-based positive parenting strategies for helping children to regulate their emotions and behaviours

Book on to the workshop using the Eventbrite links below:

Workshop for Friday 5th February 11:00—12:00

<https://www.eventbrite.co.uk/e/helping-children-manage-their-thoughts-feelings-behaviour-tickets-138603943125>

Young Artists' Summer Show

Made possible by Robin Hambro

Call for entries

An exciting opportunity for students aged 5-19 to exhibit their artwork online and at the Royal Academy of Arts

Open for submissions
11 January - 26 April 2021

Find out more and enter
royalacademy.org.uk/youngartists
#rayoungartists



CHALLENGE SPORT & EDUCATION

THE 2ND VIRTUAL COMPETITION (LOCKDOWN VERSION)

SPEED BOUNCE IN 30 SECONDS

1ST - 11TH FEBRUARY
LOCATION - EVERYWHERE
RESULT TO BE SENT OUT BEFORE HALF
TERM



'You Are' Jar



Positive affirmations are a really good way to start a home learning session...or diffuse a tricky one!

There are lots of ways to make one. The easiest way is to write some on a sheet, cut up and pop in a jar or box. If you're short on inspiration google 'positive affirmations for children' and you'll get free printables. Children also like to contribute their ideas

Simply ask the child to pick out a note. Take some time to discuss what it means to each of you and why it's important.

These lolly sticks by
[@growingthroughplay](https://www.instagram.com/growingthroughplay)
are a nice alternative



I am loved ♥

I am special.

I CAN DO ANYTHING!

Today will be great.

I am kind.

I am awesome!

STARS OF THE WEEK

Nominated for Being Exceptional!

Class	Child
Potter	Muhammad A
Rosen	Bua S
Bond	Zahra H
Cooke	Otis B
Hutchins	Aubrey H
Lowry	Ethan H
Tarrant	Parker J
Whiteread	Iris O
Brown	Bernie M & Ellie D
Hepworth	Marion L
Riley	Faatimah P
Baylis	Issac B
Berners-Lee	Belinay A
Macintosh	Grace O
Dunlop	Taijah S
Jones	Hassina J
Lovelace	Arlo F
Curie	Louis B
Faraday	Frida N
Newton	Aleena H
Anning	Raheem L
Hawking	Gabriel S
Turing	Angelica L